



## **Proclamation**

**WHEREAS**, walking and bicycling to school reduces the number of vehicle trips near schools and potential conflicts between vehicles and pedestrians or bicyclists; and

**WHEREAS**, reducing the number of vehicles driving students to school results in increased safety, reduced traffic congestion, improved air quality, and less fuel consumption near schools; and

**WHEREAS**, the benefits related to physical activity at an early age play a leading role in reducing rates of heart disease, diabetes and other obesity related health problems among children; and

**WHEREAS**, children getting active by walking and bicycling to school together with parents and caregivers opens opportunities to mentor children about pedestrian and bicycle safety and its benefits related to health and the environment; and

**WHEREAS**, walking and bicycling to school offers an opportunity to build physical activity into both parent's and children's daily routines; and

**WHEREAS**, children, parents and community leaders around Nevada are joining together to get active and promote walking and bicycling to school.

**NOW, THEREFORE, I, RONALD E. SMITH**, Mayor of the City of Sparks, Nevada, do hereby proclaim March 18 - 22, 2019 as:

### **"NEVADA MOVES WEEK"**

in Nevada and encourage citizens across the City of Sparks to walk, bike, or participate in an athletic event with their children; while celebrating the benefits of increased safety and health, this week and throughout the year.

**IN WITNESS WHEREOF**, I have hereunto set my hand and caused the Seal of the City of Sparks, Nevada to be affixed this 4<sup>th</sup> day of March, 2019.

A handwritten signature in black ink, appearing to read "Ronald E. Smith".

**RONALD E. SMITH, Mayor**

**ATTEST:**

A handwritten signature in black ink, appearing to read "Lisa Hunderman".

**LISA HUNDERMAN, City Clerk**

